

**Montessori
Sports** 

**MONTESSORI
SPORTS
FUNDAMENTALS**

Hybrid course brochure



Accredited by Association Montessori Internationale (AMI)



Course description

This hybrid course will help you to acquire the basic knowledge on how to integrate sports into Montessori environments across all planes of development.

The course contains:

- 57 videos
- 5 questionnaires
- 3 observation assignments
- 6 self-practice assignments
- 2 online Q&A's
- 1 final assignment
- 1 group Viva Voce (on location or online)

Duration

You have 3 months to finish this hybrid course. During these 3 months there will be 2 online Q&A's (week 1 and week 7). After the course has finished, a group Viva Voce will take place on location or online.

Workload

The total workload of this course is 40 hours. The course is pre-recorded, so you can do this course at your own pace and in your own time within 3 months.

Course topics

1. Introduction
 - I. Welcome to the course
 - II. A message from Lynne Lawrence (CEO of AMI)
 - III. Outline and objectives
 - IV. About Ruben Jongkind
 - V. About Patrick Oudejans
 - VI. About Heidi Philippart
2. Montessori and Sports
 - I. Who was Maria Montessori?
 - II. The Montessori educational philosophy
 - III. Montessori versus traditional education
 - IV. The history of sports
 - V. About movement and sports
 - VI. Analysis of sports in Montessori
3. The importance of sports in contemporary society
 - I. Sports as a point of interest
 - II. Benefits of sports
 - III. Why do sports in Montessori?
4. Systems of sports education
 - I. Traditional sports education
 - II. Montessori sports education
5. Movement development
 - I. The approach to movement
 - i. First plane (0-6)
 - ii. Second plane (6-12)
 - iii. Third plane (12-18)
 - iv. Fourth plane (18-24)

	<ul style="list-style-type: none"> II. The four planes and sports III. The Montessori Sports Curriculum <ol style="list-style-type: none"> 6. Preparing the sports environment <ul style="list-style-type: none"> I. Principles of the prepared sports environment II. Prepared sports materials 7. The Role of the adult in the sports environment <ul style="list-style-type: none"> I. The prepared adult II. Observation III. Historical facts of observation IV. Observation in sports V. Lesson planning 8. Examples of different learning environments in sports 9. Conclusion and evaluation
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<p>Learning outcomes</p>	<p>After you've completed this course you:</p> <ul style="list-style-type: none"> • Understand the connection between sports and Montessori education across all planes of development. • Understand how sports will contribute to overall child development across all planes of development. • Have acquired basic sports skills to present to the children. • Are able to prepare Montessori sports environments. • Are able to guide Montessori sports sessions. • Are able to conduct observations on children during the sports sessions.
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<p>Assignments</p>	<p>You will receive the following assignments to complete each chapter:</p> <ul style="list-style-type: none"> • Questionnaires • Practice own sports skills (send in videos) • Observations (not every chapter) <p>You can upload all these assignments on our online course platform. A Montessori Sports team member will evaluate your assignments.</p> <p>Your final assignment is a presentation of a sport activity to a group of children or an individual child. Besides this you have to write a paper in which you explain how the Montessori theory applies to that activity.</p>
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<p>Certification requirements</p>	<p>In order to obtain the Montessori Sports Fundamentals certificate all assignments will be checked and approved* by the Montessori Sports team. After the final assignments are approved, the participant will receive the certificate by email.</p> <p>*If the assignments are not approved, the participant needs to complete an alternative assignment that we will send by email.</p>
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